

Final Evaluation Report

Health Promotion for Young Prisoners

Birmingham City University

Funded by the Public Health Programme of the European Commission Grant Agreement No HPYP 2009 1212

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Final HPYP Project Evaluation

The project evaluation of the Health Promotion for Young Prisoners (HPYP) project was carried out by Professor Morag MacDonald from Birmingham City University.

Introduction to the HPYP Project

The main objectives of the HPYP Project were:

- To develop and improve health promotion for young vulnerable people in the prison setting
- To subsequent implementation of a health promotion toolkit for young prisoners widely across European Member States
- To create a toolkit that addresses health related factors re infectious diseases, sexual health, mental health, prevention and treatment of drug use

The aim of the project evaluation is to provide a systematic appraisal of the quality of the project and whether the toolkit and training regarding health promotion and young prisoners is evidence based and effective in meeting needs of practitioners, prison authorities, prison staff and imprisoned young people.

The evaluation is based on a range of instruments:

- project documentation
- reports and partner evaluation sheets.
- analyses of attendance at partner meetings and workshops
- completion of literature review
- Research reports
- piloting of the training modules.

1. Key issues identified from the partner meetings during the life of the project

1.1 Interim Evaluation Report

During the course of the project there was an interim evaluation report that summarised the feedback given by the participants at the Kick-off Meeting, 17-18 June, 2010, Luxembourg and the Seminar 2, 4-5 November, 2010 in Lisbon (see Appendix 1). In summary the interim evaluation showed that partners were overall satisfied with the way the project is developing. The majority of responses were either excellent or

very good. The methodology and the design of the data collection tools in seminar 2 received the most good ratings and shows to some extent partners concern with the data collection phase. This concern has been addressed by the project co-ordinator who has supplied further information on the website and engaged all partners in the final design and content of the data collection tools and the required sample. The comments taken from the evaluation sheets although limited again show overall satisfaction and enthusiasm for the project.

There were a further 2 partner meetings:

- Seminar 3, 7-9 September, 2011, Prague
- Seminar 4, 2-4 December, 2012, Bonn

All the partner meetings were evaluated using the same set of questions where appropriate. All events were evaluated at the end of each meeting using standardises evaluation forms and the results were used to inform the structure of the subsequent meetings. The full results of the evaluations of each meeting can be found in Appendices 1-4.

1.2 Seminar 3

Twelve evaluation forms were returned by the participants of the meeting. The organisation of this partner meeting was rated as 'excellent' or 'very good' by 11 out of 12 of the partners. The content of the seminar was also rated as 'excellent' or 'very good' by most participants except for the *suitability of materials provided in advance of the meeting* where 1 partners rated this as 'good'.

The evaluation of the meeting – how would you rate the information provided was rated as 'excellent or 'very good' by all partners for the country research reports; 11 partners rated the discussion of examples of good practice as 'excellent', 'very good' or 'good' and 1 partner rated this as 'poor'. All other sections were rated as 'excellent', 'very good' or 'good' by all partners. Your budget and timesheet requirements were rated as 'excellent' or 'very good' by all partners.

Seven partners also provided comments about the meeting as follows:

• "An excellent steering group meeting. Very stimulating discussion; fascinating presentation of research results".

- "Good company –everyone got on well and contributed well".
- "The opportunity to work in smaller groups and to discuss the topics more in-depth would be good time permitting".
- "It would be of the upmost importance that every member knows as well as possible the role and duties that they have to do".
- "Excellent!"
- "Really fruitful! Nice to meet colleagues".
- "Czech colleagues have prepared very useful information before the seminar. I did not understand the role of the 2 Romanian participants in this seminar. It was very good that Cynthia participated in the first day."

1.3 Seminar 4

Eleven evaluation forms were returned by the participants of the meeting. The organisation of this partner meeting was rated as 'excellent' or 'very good' by 10 out of 11 of the partners. The content of the seminar was also rated as 'excellent' or 'very good' by most participants except for the *suitability of materials provided in advance of the meeting* where 1 partner rated this as 'good'. Your understanding of the training modules and Your understanding of your specific role in the pre-testing and development of the training materials was rated as 'excellent', 'very good' or 'good' by all participants. The organisation for the piloting of the modules was rated as 'very good, good by 8 participants and as 'poor' by 1 participant.

Part 2 of the evaluation form asked participants for qualitative comments about the HPYP project overall. The comments for *Do you feel that the aims and objectives of the project have been achieved*? were positive on the whole with one partner stressing that "If the toolkit will be as practical as possible and will refer to countries specific situations then the better it will be". The communication between partners was generally felt to be good but that it could have been better "especially during the phase when partners were creating the modules".

The comments from partners were positive about the research done by the partners has increased your understanding about the needs of young people in prison with one participant who said "the research has confirmed the knowledge I had on my country. The strength of the project was to make results comparable. This increased my understanding about the needs of young people in prisons in the partner countries". Partners were less sure that the training modules would be implemented in their country: "I hope they will be implemented but it mostly depends of the prison services and their willingness to implement them" and "Our prison system already has similar methodologies, but if we make our modules available in printed and electronic format at detention units level, there is a high chance they will be used by staff." It was also remarked by one participant that what was required to ensure implementation was "to provide support to the prison staff and NGOs who will use the toolkit" and that there should be "good final dissemination amongst decision makers as this is important". The most positive aspects for partners' involvement in the project was being in contact with people from other countries and the opportunity for open and constructive discussion with open minded people. The negative comments made were on the whole about restructuring the budget.

The evaluations of all the partner meetings were on the whole very positive. Meetings drew on the experiences of the partners and were considered to be interactive and inclusive. The method used for this was to ask partners in advance to prepare a short input about their country for example, each of the participants gave a short presentation about the situation regarding health promotion and young people in their countries based on the qualitative and quantitative data collection and the literature review. This proved a very useful exercise as it enabled the discussion to decide on the next activities of the project in terms of identifying the key areas for inclusion in the training modules. The work for subsequent meetings was divided between the partners with the responsibility for developing particular aspects of modules of the pack being allocated to ensure that the strengths of each partner were utilised to ensure the suitability of the contents to the prison environment.

2. Completion of work packages

There were 6 work packages in the project:

- WP1: Coordination of the project
- WP2: Dissemination of the results
- WP3: Evaluation of the project
- WP4: Gathering of European Expertise
- WP5: Evaluation of existing practice on health promotion in prison
- WP6: Development and piloting of the toolkit on health promotion for young prisoners

By the end of the project the deliverables were achieved in all of the work packages. The project was well managed and continuously evaluated cumulating in the end of project evaluation report (Work stream 0). Dissemination of the Health Promotion and Young Prisoners project has been constantly discussed at all of the partner meetings which has encouraged partners to disseminate findings from the project to key stakeholders in their own countries. The HPYP training materials will be available for download on the project website. A leaflet advertising the materials has been developed and will be widely disseminated in each partner country (work stream 2). Early on in the project the website was established and to ensure effective dissemination all communication with stakeholders clearly displayed the EU funding stream logos. Partners produced comprehensive literature reviews and research reports about existing provision and needs all of which are available on the project website (WP4, 5). The training materials were developed, piloted and adapted successfully by the partners. The piloting of the training materials was rigorous evaluated both by participants in the training and project partners and led to improvements and changes based on evaluation and subsequent changes by participants in the partner countries where they were piloted (work package 6).

The life of the project will be extended by an article that has been written based on the HPYP data called *Health Promotion for Young Prisoners: A European perspective* that has been submitted for peer review and hopefully subsequent publication in the International Journal of Prisoner Health. The article will be published at the end of 2013 (work package 2). Additionally the project website will continue to host the HPYP materials after the end of the project.

3. Conclusion

In summary, the health promotion of young prisoners project has successfully achieved the aims and objectives outlined in the project description. Milestones and deliverables have been reached and produced in time and with high quality. The project partners have followed the research guidelines and adhered to the ethical guidelines decided and agreed by all partners. The final product, the toolkit and the related materials, are of additional value as they have been translated in all partner languages as well as in Italian, Spanish, Russian and Portuguese. These training materials have been widely disseminated and will continue to be disseminated.

Morag MacDonald March, 2013

Appendix 1: Interim Evaluation Report 1

Interim Evaluation report 1



This report covers the first 2 meetings of the project:

- Kick off Meeting, 17-18 June, 2010, Luxenbourg
- Seminar 2, 4-5 November, 2010, Lisbon

The two meetings were evaluated using the 2 evaluation sheets appended to this report (see Appendix 1 and 2)

Content of the meetings

Kick of Meeting (17-18 June, 2011)

The following partners attended the meeting:

Bayer, Martin, Joost, Kristina, Kamphausen, Wilfried, MacDonald, Morag, Menel-Lemos, Cinthia, Montanari, Linda, Parausanu, Emanuel, Pavlovska, Linda, Popov, Ivan , Purvlice, Baiba

Qaramah, Afrodita, Rabiee, Fatemeh, Stefunkova, Michaela, Weilandt, Caren, Wiegand, Caren

The following invited experts attended the meeting:

Wiessner, Peter, Berto, Daniele, Tutty, Carly, Mendao, Luis

The main topics of the meeting were:

- 1. The establishment and URL of the project website (www.hpyp.eu.) and the logo and templates for all project papers or PowerPoint presentations.
- 2. Information about changes to the timeframe of the project with dates.
- 3. Development of the toolkit that included discussion of the literature review, needs assessment and piloting. Small group work took place to consider the potential areas that should be included in the toolkit and defining what is meant by health promotion for young people.
- 4. Information about administrative issues for the project.
- 5. Provision of some key websites for partners to use in their literature reviews.

The partners were each given an evaluation sheet and 9 evaluation forms were returned and their overall rating of this meeting were as follows.

Organisation of the Seminar – The *location of the seminar* was rated as excellent or very good by 7 participants and as good by 2. The *accommodation* was rated as excellent or very good by 6 participants and as good by 3. The *Seminar venue* was

rated as excellent or very good by 6 and as good by 3. The *food* provided was rated as excellent or very good by 8 and as good by 1. The *content of the seminar* and the *Suitability of materials provided at the seminar* were rated as excellent or very good by 7 and as good by 1. The *Suitability of materials provided in advance of the seminar* and *Your ability to be involved in the seminar* were rated as excellent or very good by 6 and as good by 3 participants.

Introduction to the project – The Clarity of project content and Clarity of project scope, timeframe and Usefulness of expert presentations were rated as excellent or very good by 8 and as good by 1 participant. Discussion on content for health promotion toolkit and Details of your role in the research and the project were rated as excellent or very good by 9 participants.

Administration of the project - *Your budget* was rated as excellent or very good by 7 participants. The *Timesheet requirements* for participation in the project was rated as excellent or very good by 8 of the participants.

The comments from participants provided some useful feedback and were positive as follows:

- It would be helpful to give the presentations to the partners in advance.
- This was a good and interesting meeting. Some more time for discussion would have been useful. Important to keep the link between experts project and EU institutions and in particular with EMCDDA (from my point of view). Some very interesting presentations (Tutty; MacDonald, Wiesner, Rabie-Khan). Very organised process of the project.

Seminar 2 (4-5 November, 2010)

The following partners attended the meeting:

Bayer, Martin, Joost, Kristina, Kamphausen, Wilfried, MacDonald, Morag, Menel-Lemos, Cinthia, Montanari, Linda, Parausanu, Emanuel, Pavlovska, Linda, Popov, Ivan , Purvlice, Baiba

Qaramah, Afrodita, Rabiee, Fatemeh, Stefunkova, Michaela, Weilandt, Caren, Wiegand, Caren

The following invited experts attended the meeting:

Wiessner, Peter, Berto, Daniele, Tutty, Carly, Mendao, Luis

The meeting consisted of two main parts. The first part of the meeting consisted of each partner presenting their national literature review and an additional overall report presented by the UK partner. The second part of the meeting involved a discussion of the methods to be used in the field stuies that included the design of the data collection instuements. The sample for each country was also decided and agreed.

The partners were each given an evaluation sheet and 16 evaluation forms were returned and their overall rating of this meeting were as follows.

Organisation of the Seminar – partners rated Suitability of the location, Accommodation, Seminar venue, Food Provided, Content of the seminar, Suitability of materials provided in advance of the seminar, Suitability of materials provided at the seminar and Your ability to be involved in the seminar as either excellent or very good apart from 2 respondents who rated the food as good and 1 respondent who rated your ability to be involved in the seminar as good.

The meeting - The country literature reviews were rated as excellent or very good by 15 participants and as good by 1. International review of health promotion practice in prison was rated as excellent or very good by 15 participants and as good by 1. Methodology for data collection phase was rated as excellent or very good by 11 participants and as good by 4. Preparation for the content of the questionnaire and interview guidelines was rated as excellent or very good by 10 participants and as good by 5. Details of your role in the research and the project was rated as excellent or very good by 11 participants and as good by 5. Usefulness of the group work sessions was rated as excellent or very good by 14 participants and as good by 1.

Administration – *Your budge*t was rated as excellent or very good by 10 participants and as good by 1. *Timesheet requirements for participation in the project* rated as excellent or very good by 10 participants and as good by 3.

The comments from participants provided some useful feedback and were positive as follows:

- The objectives and the framework of the project are becoming more and more clear. The session on literature review in the partner countries was extremely interesting from the EMCDDA point of view. The research should be used to have a common picture of the situation of prisons and young people in the partner EU countries.
- I really enjoyed the partner reports and how prepared they were. I would suggest that we continue in this way. The weather was just perfect in Lisbon.
- A really good meeting thank you.

In summary partners are overall satisfied with the way the project is developing. The majority of responses were either excellent or very good. The methodology and the design of the data collection tools in seminar 2 received the most good ratings and shows to some extent partners concern with the data collection phase. This concern has been addressed by the project co-ordinator who has supplied further information on the website and engaged all partners in the final design and content of the data collection tools and the required sample. The comments taken from the evaluation sheets although limited again show overall satisfaction and enthusiasm for the project.

Professor Morag MacDonald April 2011.

Appendix 1a: Evaluation Form: Results for Kick of Meeting (17-18 June, 2011)

Please indicate your views about your participation in and the organisation of the meeting by <u>ticking the appropriate box</u>

1. Organisation of the Seminar - How would you rate the following?

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
Suitability of the location	4	3	2		
Accommodation	2	4	3		
Seminar venue	4	2	3		
Food Provided	4	4	1		
Content of the seminar	7	1	1		
Suitability of materials provided in advance of the seminar	6	3			
Suitability of materials provided at the seminar	7	2			
Your ability to be involved in the seminar	6	3			

2. Introduction to the project – how would you rate the information provided

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
Clarity of project content	8	1			
Clarity of project scope and timeframe	8	1			
Usefulness of expert presentations	7	1	1		
Discussion on content for health promotion toolkit	5	4			
Details of your role in the research and the project	6	3			

3. Administration – how would you rate the provision of information for the following?

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
Your budget	5	2			
Timesheet requirements for	4	4			
participation in the project					

4. Any other comments or suggestions (on this seminar or those in the future):
Give the presentations to the partners in advance.
Good and interesting meeting. Some more time for discussion would have been useful. Important to keep the link between experts project and EU institutions and in particular with EMCDDA (from my point of view). Some very interesting presentations (Tutty; MacDonald, Wiesner, Rabie-Khan). Very organised process of the project.

Appendix 1b: Evaluation Form: Results for Seminar 2, 4-5 November, 2010, Lisbon

Evaluation Form

Please indicate your views about your participation in and the organisation of the meeting by <u>ticking the appropriate box</u>

1. Organisation of the Seminar - How would you rate the following?

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
Suitability of the location	13	2			
Accommodation	10	4			
Seminar venue	10	5			
Food Provided	4	9	2		
Content of the seminar	11	5			
Suitability of materials provided in advance of the seminar	7	9			
Suitability of materials provided at the seminar	9	7			
Your ability to be involved in the seminar	11	4	1		

3. The meeting – how would you rate the information provided

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
The country literature	9	6	1		
reviews					
International review of	8	7	1		
health promotion					
practice in prison					
Methodology for data	6	5	4		
collection phase					
Preparation for the	7	3	5		
content of the					
questionnaire and					
interview guidelines					
Details of your role in the	5	6	5		
research and the project					
Usefulness of the group	8	6	1		
work sessions					

3. Administration – how would you rate the provision of information for the following?

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
Your budget	4	6	2		
Timesheet requirements	4	6	3		
for participation in the					
project					

5. Any other comments or suggestions (on this seminar or those in the future):

The objectives and the framework of the project are becoming more and more clear

The session on literature review in the partner countries was extremely interesting from the EMCDDA point of view. The research should be used to have a common picture of the situation of prisons and young people in the partner EU countries.

I really enjoyed the partner reports and how prepared they were. I would suggest that we continue in this way. The weather was just perfect in Lisbon.

A really good meeting thank you.

Appendix 2: Evaluation Form: Results for Seminar 3, 7-9 September, Prague (12 Respondents)

HPYP - Project

Seminar 3

8-9 September, 2011, Prague



Evaluation Form

Please indicate your views about your participation in and the organisation of the meeting by ticking the appropriate box

1. Organisation of the Seminar - How would you rate the following?

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
Suitability of the location	9	2	1		
Accommodation	6	4	2		
Seminar venue	8	2	2		
Food Provided	5	3	4		
Content of the seminar	8	3			
Suitability of materials provided in	8	4			
advance of the seminar					
Suitability of materials provided at the	6	5	1		
seminar					
Your ability to be involved in the	7	5			
seminar					

2. The meeting - how would you rate the information provided

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
The country research reports	7	5			
Discussion of examples of good	6	4	1	1	
practice					
Discussion of Gaps in provision	6	4	2		
Discussion about the content of the	9	2	1		
toolkit					
Clarity of the methodology of the	6	4	1		
toolkit					
Your specific role in the pre-testing	6	3	2		
and development of the toolkit					
Usefulness of the group work	10	1			
sessions					

3. Administration – how would you rate the provision of information for the following?

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
Your budget	4	3			
Timesheet requirements for	6	3			
participation in the project					

3. Any other comments or suggestions (on this seminar or those in the future):

An excellent steering group meeting. Very stimulating discussion; fascinating presentation of research results.

Good company -everyone got on well and contributed well.

The opportunity to work in smaller groups and to discuss the topics more indepth would be good time permitting.

It would be of the upmost importance that every member knows as well as possible the role and duties that they have to do.

Excellent!

Really fruitful! Nice to meet colleagues.

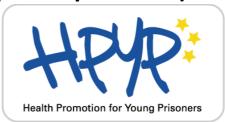
Czech colleagues have prepared very useful information before the seminar. I did not understand the role of the 2 Romanian participants in this seminar. It was very good that Cynthia participated in the first day.

Appendix 3: Evaluation Form: Results for Seminar 4, 2-4 December, 2012, Bonn (11 Respondents)

HPYP - Project

Seminar 4

2-4 December, 2012, Bonn



Evaluation Form

Dear Partners.

As this is the last meeting for the HPYP project I would appreciate it if you could evaluate this meeting (part 1) and also spend some time thinking about the organisation and content of the HPYP project over the last 3 years by filling in part 2 of the form. Thank you for your assistance.

Morag MacDonald, Birmingham City University

Part 1
Please indicate your views about your participation in and the organisation of the meeting by ticking the appropriate box

1. Organisation of the meeting - How would you rate the following?

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
Suitability of the location					
Accommodation	3	7			
Seminar venue	6	5			
Food Provided	6	5			
Content of the meeting					
Suitability of materials provided in advance of the seminar	3	5	1		
Your ability to be involved in the discussion during the meeting	4	7			

2. The meeting – how would you rate the piloting of the modules

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
Your understanding of the	3	3	3		
training modules.					
The organisation for the		5	3	1	
piloting of the modules.					
Your understanding of your	3	5	1		
specific role in the pre-testing					
and development of the					
training materials.					

3. Administration – how would you rate the provision of information for the following?

	EXCELLENT	VERY GOOD	GOOD	POOR	VERY POOR
The administration and	4	3	3		
financial details for partners					

Part 2

Evaluation of the HPYP Project

Please fill in the following boxes. Your comments are important for future projects and for this project.

A) Do you feel that the aims and objectives of the project have been achieved? Yes.

Yes. As in any project we encountered unexpected obstacles, but they were addressed so that objectives are reached.

Yes, completely.

Most of them.

If the toolkit will be as practical as possible and will refer to countries specific situations then the better it will be – yes.

Yes.

Yes more or less I do!

Yes.

Yes

Yes

If we will manage to create modules appropriate for each country's use - then yes.

B) Did you feel that communication between the partners involved in the project was effective?

I cant judge that because I was not really involved into delivery.

Yes in general I felt I can communicate with partners.

Yes.

Yes.

Not always did we get emails answered on time and not always fully informed about why some things are postponed.

Yes most of the time.

In the end the communication was effective.

Yes

Yes

Sometimes the communication was not perfect but overall communication was good. Could be better. Especially during the phase when partners were creating the modules.

C) Do you think that the research done by the partners has increased your understanding about the needs of young people in prison?

Partly

Research has confirmed the knowledge I had on my country. The strength of the project to make results comparable. This increased my understanding about the needs of young people in prisons in partner countries.

Yes. Yes.

Yes, also about the differences between countries.

Yes.

Absolutely.

Yes it increased my understanding about the needs of young prisoners.

Of course, Yes.

D) Do you think that these training modules will be implemented in your

country?

This depends on the local authorities.

I believe they will be implemented for the most part of them. It may be that external partners will be the most probable actors involved in implementation, as there is an acute shortage of staff in my country (Romania). Our prison system already has similar methodologies, but if we make our modules available in printed and electronic format at detention units level, there is a high chance they will be used by staff.

Yes.

Not sure.

Yes, but only those parts which are possible to use, which are paractical, applicable and related to our situation.

Yes. Partially.

I hope so but not in every country.

Some of them.

I hope they will be implemented but it mostly depends of the prison services and their willingness to implement them.

A part of the modules organised as practical – will be implemented. Theoretical modules not applicable at the moment for Latvian situation.

E) What more could be done to ensure the implementation of the training modules in your country?

Good communications to local partners is needed to ensure the implementation.

Make them available in printed and electronic versions at detention unit level (at least 50 printed copies and provide references inside them with web link for electronic formats). Continue the project with staff training and exchange programs.

Set up a national dissemination strategy.

Do not know.

Support to the prison staff and NGOs who will use the toolkit.

Final dissemination amongst decision makers is important.

It is up to the funding.

We as a partner need to involve the Ministry to give their feedback so that they feel responsible and involved.

Encourage more the staff to implement them and address their needs.

Implementation of modules depends on their suitability and future communication with local prison system.

F) Overall what were the positive aspects of your involvement in the HPYP project?

I could provide input on basic HIV Knowledge

Getting in contact with actors and knowledge from other European countries. Being able to make available and contribute with a new methodology to the Romanian prison system.

I learned a lot from the experiences of other partners.

To share good practice and ideas.

To continue cooperating with local prisons; to have facts and findings on situation in our as well from other countries. We now have some quite good modules that we can use for further work.

Constructive cooperation with competent and open minded partners.

Very interesting and useful topics.

It raised my knowledge and understanding of the topic and I aquainted with how it is done in different countries.

For the first time we carried out a research about HPYP in our country.

Making new contacts and new experiences.

Involvement in this project gives possibility for our organisation to continue our work with prisons.

G) Overall what were the negative aspects of your involvement in the HPYP project?

I should have made more concrete proposals on specific tasks.

Having to restructure the budget many times due to the fact that we've taken over new tasks – this took a lot of time. But we cooperated excellent on financial management with WIAD< and all was solved as effectively as possible.

None.

I did not pilot any modules.

N/A

Lack of time to devote to the project.

Long time gaps in communication.

None!

Project administration was very complicated.

Nothing negative happened.

H) Any other comments

Maybe assign one person that does the writing of the different modules maybe get an external consultant on board and pay them to do this job.

It was a pleasure to be part of this project and to contribute a bit.

Very nice and competent partners! Hopefully there will be other common projects in the future.