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<b>Submitted by</b>	WP6 Lead

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## 1. Background

a).

The International Training Seminar on OST in prisons has been held on the 7-9 March 2017 in Warsaw, Poland. Participants included 65 guests from 12 countries: Poland, Germany, the Czech Republic, Slovenia, Luxemburg, Italy, Portugal, Finland, Hungary, Latvia, Lithuania, and Greece. A roadmap and a programme were prepared by NAC Poland.

The two-day-seminar organized by the National AIDS Centre, in cooperation with the Central Board of the Prison Service in Poland aimed at providing a conducive environment to improve the provision of health care to inmates, with particular reference to: implementation of Opioid Substitution Treatment (OST) and harm reduction measures, continuity of treatment and care for prisoners who are drug users, living with HIV or co-infected with HBV, HCV, TB and STIs.

Conclusions and recommendations from the seminar (including plenary session and workshops) shall feed the thematic scope and curriculum of the international training workshop for prison service staff that is planned in Poland in November 2017. Program of the seminar was divided into plenary sessions and four interactive workshops (listed below):

1. Harm reduction in prison: approaches, services, barriers, challenges and good practices.
2. Opioid Substitution Treatment (OST) in prisons: good practices and practical implementation.
3. Continuity of care.
4. Harm reduction and infectious diseases in prisons: challenges, good practices and barriers.

b.)

The training workshop was planned on the basis of the international seminar. The training workshop was organised on 14–16 November 2017. The venue was a training centre of the Polish prison service in Popowo, near Warsaw.

The training aimed at supporting participants in gathering and systematising their knowledge and practice around:

- Approaching and implementing harm reduction programmes in prison and the criminal justice system;
- Understanding and reflecting on the implications of these approaches for addressing public health challenges, in particular prevention, treatment and continuity of care of HIV and co-infections among PWID;
- Applying these approaches (with and through feedback from the other participants) to their own daily practise and in their home countries.

Altogether 43 participants from 10 countries took part at the training workshop.

## **2. International training seminar in Warsaw**

### **2.1. Report from the seminar**

#### ***Mission Report***

#### **of the International training seminar on harm reduction, substitution treatment and continuity of care in prison, Warsaw, 7-9 March 2017**

- 1. Name and function of the Experts: Piotr Wysocki, Iwona Wawer, Chief Specialists of the International Department, the National AIDS Centre (Poland)**
- 2. Objective and tasks of the mission:**

#### **The International seminar on harm reduction, substitution treatment and continuity of care in prison (Warsaw, 7-9 march 2017); WP 6 HA-REACT PROJECT**

The two-day-seminar organized by the National AIDS Centre, in cooperation with the Central Board of the Prison Service in Poland aimed at providing a conducive environment to improve the provision of health care to inmates, with particular reference to: implementation of Opioid Substitution Treatment (OST) and harm reduction measures, continuity of treatment for prisoners who are drug users, living with HIV or co-infected with HBV, HCV, TB and STIs. Conclusions and recommendations from the seminar (including plenary session and workshops) shall feed the thematic scope and curriculum of the international training workshop for prison service staff that is planned in Poland in November 2017. Program of the seminar has been divided into plenary sessions and four interactive workshops (listed below):

- 1. Harm reduction in prison: approaches, services, barriers, challenges and good practices.**
- 2. Opioid Substitution Treatment in prisons: good practices and practical implementation.**
- 3. Continuity of care.**
- 4. Harm reduction and infectious diseases in prisons: challenges, good practices and barriers.**

The workshops were chaired by Heino Stöver, Andrej Kastelic, Cinzia Brentari, and Marcin Wolny, and were attended by 80 experts from 12 countries: Poland, Germany, the Czech Republic, Slovenia, Luxembourg, Italy, Portugal, Finland, Hungary, Latvia, Lithuania, and Greece who discussed barriers to the implementation of harm reduction measures in prison, OST and continuity of care and identifying good practices as well as training needs for future developments.

### 3. Changes to the agenda: -

### 4. Summary of the Results of the Mission:

In the plenary session participants outlined the general picture of the Opioid Substitution Treatment and related activities in the field of harm reduction in the penitentiary institutions in the context of the international and national regulations. Participants presented examples of the use of harm reduction programs and health care in the European Union countries (e.g. The Czech delegation presented the effects of the implementation of the distribution of condoms in prisons).

The Chair, Director of the National AIDS Centre, Anna Marzec-Bogusławska, opened the seminar and welcomed participants together with General Jacek Kitliński, Director of the Polish Prison Service and Outi Karvonen from the THL Institute, the coordinator of the HA-REACT project. Immediately following the welcome notes, General Kitliński praised the excellent cooperation between Polish Prison Service and the National AIDS Centre and declared his full support for the activities carried out under the HA-REACT WP6. Lieutenant Monika Jakubowska, from the Polish Prison Service Health Care Office summed up the tasks implemented by the Polish Prison Health Service in the field of harm reduction. She outlined the developments in harm reduction, starting from the first methadone substitution program, launched in Poland in Cracow Remand Centre in 2003. Later during the plenary session, Marcin Wolny from Helsinki Foundation for Human Rights refereed to prevention and treatment of infectious diseases in prisons in the context of human rights. He recalled The European Convention on Human Rights, WHO standards and the report of February 2016 by Harm Reduction International: HIV, HCV, TB and harm reduction in prisons. Rev. Prof. Mirosław Kalinowski from the John Paul II Catholic University in Lublin gave an overview of the undergraduate study programme in social work addressed to inmates of the Lublin prison. This unique study programme is carried out at the Institute of Family Studies and Social Work at the Catholic University since 2013.

During the second plenary session Wolfgang Philipp, Deputy Head of Unit DG SANTE (C3), shared the perspective of European bodies collaborating with the European Commission and their expectations with regards to implementation of health-related practices and mechanisms of harm reduction in prisons in the European Union. Following his presentation, Linda Montanari, from the EMCDDA, presented interventions aimed at drug problems in Europe, with particular emphasis on the implementation of substitution treatment in European prisons. Later in her presentation she outlined pan-European and national legal frameworks for harm reduction in prisons, and briefly referred to monitoring programs implemented by the EMCDDA in recent years. Prof. Heino Stöver from the University of Applied Sciences in Frankfurt gave presentation on the current status of knowledge and barriers to harm reduction and substitution therapy in prisons. Prof. Stöver referred to good and bad practices in the implementation of harm reduction programmes in prison settings. He also emphasized scientific evidence confirming the effectiveness of harm reduction programmes being implemented in penitentiary units .

The second plenary session ended with the presentation two Czech speakers: Barbara Janíková from the National Monitoring Centre for Drugs and Drug Addiction, and Tomáš Konak, from the Central Board of Prison Service in the Czech Republic. They presented the experience in preparing condom distribution program in Czech prison which is unique in Central and Eastern Europe.

Four thematically interrelated workshops followed the plenary sessions. Conclusions and recommendations from each workshop will feed the thematic scope and curriculum of the international training workshop for prison service staff, that is planned in Poland in November

2017. Among other topics, workshop participants pointed out specific financial, legal, social, professional and administrative as well as moral barriers to implementing harm reduction programmes in prisons. Needs of prison service and inmates with regards to harm reduction should be further explored. There are specific aspects of harm reduction that need to be addressed through training.

More information about our seminar can be found under the link:

<https://harmreduction.eu/seminars>

## **5. Recommendations / Conclusions:**

Four training workshops that took place in the second and the third day encompassed four different thematic scopes. These are the recommendations that resulted from them:

### **1. Harm reduction in prisons: approaches, services, barriers, challenges and good practices. Moderator: Heino Stöver**

Existing barriers to the efficient introduction of HR in prisons:

- Financial, legal, know-how, moral, professional and administrative,
- Not enough professional trainings.

It is suggested to elaborate, in cooperation with the prisoners, a protocol of impacts on: infectious diseases, cell control, safety and interaction with social workers and medical staff (always in accordance with the country law). It is necessary to elaborate a set of best practices and to make use of them by means of: internet page, individual exchange of knowledge and experience, it is important to spread the following message; changes are possible!

### **2. Opioid Substitution Treatment in prison: good practices and practical implementation. Moderator: Andrej Kastelic**

Existing barriers to the efficient introduction of OST in prisons:

- Financial, legal and organizational barriers (in Poland the ordinance of the Ministry of Health that includes strict requirements on OST centres, in the Czech Republic and in some Polish cities OST cannot start in prisons, it is only possible to continue it if started during life in freedom),
- The attitude of prison staff that does not understand the aim of OST,
- More seminars and trainings should be available for: therapists, decision makers, patients supplemented with informational campaign for authorities, security, other prison staff. The seminars should be conducted by: medical doctors, pharmacists, psychologists, social workers, etc as well as people who are experienced in OST as trainers for other therapists, but also by peers.
- It is obligatory to elaborate a written version of training materials.
- Suggested training methods: art (theatre), screens visible for the inmates, prison TV, prison press, personal contact with nurses, doctors, NGOs, quizzes for the inmates, support groups, participatory approach.

### **3. Continuity of care. Moderator: Cinzia Brentari**

Existing barriers to the continuity of care:

- Radical political and religious attitudes and lack of political will,

- Lack of financial resources and different prioritization of expenditure (lack of will to finance prevention measures),
- Lack of specialists and restricted human resources employed in the penitentiary system, long waiting time, need to make use of external health system that means additional costs (not all kinds of service can be obtained),
- Stigmatization (esp. of women), wrong attitude from the side of medical staff, lack of support from the side of family and society,
- Abstinence – leading approach,
- Shifts of inmates between prisons (change of therapists, staff, disruption of information transfer),
- Release from prison meaning a sudden change,
- Lack of contact between prison and civil health care system – no information transfer,
- Lack of contact between social service,
- Relapse to addiction after release from prison.
- Suggested training methods: OST and methadone trainings, HCV (diagnose, treatment and continuity of care), best practises and scientific evidence on the continuity of care.
- Trainings should be provided by professionals representing different professional backgrounds and targeting decision makers. They should include study visits. It is recommended to provide prison staff with the possibility to develop professionally and to be able to get trained out of prison setting.

**4. Harm reduction and infectious diseases in prison: challenges, good practices and barriers. Moderator: Marcin Wolny**

- The participants expressed the need of collaboration between penitentiary and medical staff, as well as between the medical staff and the head of each prison unit. They suggested that pilot programs should be introduced in one penitentiary unit, not in all of them and then showed as an example to follow.
- Condom distribution – at first condoms should be given to inmates who leave the penitentiary unit. But: who will pay for them, who will be responsible for the whole process?
- There should be more trainings for medical staff working in penitentiary units, but as well for other staff.

**6. General Remarks Concerning the Project:**

The International seminar on harm reduction, substitution treatment and continuity of care in prison (Warsaw, 7-9 march 2017) was the first event organised within the framework of the European Joint Action on HIV and Co-infection Prevention and Harm Reduction (HA-REACT) programme focused on incarcerated injecting drug users who are HIV positive and co-infected. The second meeting, a training workshop foreseen to take place from the 14th to the 16th of November 2017 will have a train-the-trainer format and will gather approximately 30 people who are medical, social and therapeutic staff working in prison services. The aim of this workshop is to empower the participants with adequate evidence – based knowledge and skills and to enable them to pass on and promote examples of best practice to their colleagues (in the train-the-trainer format).

## 2.2. Programme of the seminar

### HA-REACT WP6 - Seminar 1, 7-9 March 2017 International Seminar on Harm Reduction in Prison

#### TUESDAY, 7 MARCH 2017

- 🕒 17:00 – 19:00 Registration
- 🕒 19:00 – 21:00 Welcome dinner, hosted by THL & National AIDS Centre

#### WEDNESDAY, 8 MARCH 2017

- 🕒 9:00 – 9:30 Registration
- 🕒 9:30 – 10:00 Official opening of the seminar  
Chair: **Anna Marzec-Bogusławska**, National AIDS Centre
  - ▶ Gen. **Jacek Kitliński**, General Director of the Prison Service
  - ▶ **Outi Karvonen**, THL/HA-REACT, Finland
- 🕒 10.00 – 11.30 Plenary Session 1  
Chair: **Anna Marzec-Bogusławska**
  - ▶ **Monika Jakubowska**, Health Care Office, Polish Prison Service. "Harm reduction tasks implemented by the Polish Prison Health Service"
  - ▶ **Marcin Wolny**, Helsinki Foundation for Human Rights. "Infectious Diseases in the context of Human Rights"
  - ▶ Rev. Prof. **Mirostaw Kalinowski**, The John Paul II Catholic University of Lublin. "Undergraduate, prisoner students majoring in social work"
- 🕒 11.30 – 12.00 Coffee break
- 🕒 12.00 – 13.30 Plenary Session 2  
Chair: **Cinzia Brentari**
  - ▶ **Wolfgang Philipp**, Deputy Head of Unit, DG SANTE (C3), European Commission
  - ▶ **Linda Montanari**, EMCDDA. "Interventions targeting drug use and related problems in Europe. Implementation of OST in the European prisons"
  - ▶ **Heino Stöver**, University of Frankfurt "Harm reduction and OST in prison: what is clear, what are the barriers, what is new?"
  - ▶ **Barbara Janikova**, National Monitoring Centre for Drugs and Addiction. **Tomáš Koňák**, General Directorate of Prison Service of the Czech Republic. "Implementing condoms distribution in Czech Prisons".
- 🕒 13.30 – 14.30 Lunch
- 🕒 14.30 – 16.30 Workshop Session 1

- ▶ **Cinzia Brentari** “Why are we here: introduction to the seminar and its contents”:  
What is the seminar about, work methods for the afternoon and the next day, roadmap to the November training.

### **Workshop #1: Harm reduction in prison: approaches, services, barriers, challenges and good practice (EN)**

**Moderator: Heino Stöver**

Throughout the EU, the introduction of prevention, treatment and harm reduction measures in prisons is still inadequate compared to developments achieved in the last 30 years in the community, in spite of evidence of its effectiveness and cost effectiveness and the existence of a “principle of equivalence” in prison care.

The workshop will discuss the availability of harm reduction services – as described in the morning session – in participating countries.

### **Workshop #2: Substitution treatment in prison: good practices and practical implementation (EN+PL)**

**Moderator: Andrej Kastelic**

The need for access to treatment for opioid dependence in prison was internationally recognized more than 30 years ago.

Research has shown that treatment for opioid dependence (opioid substitution therapy – OST) is the most effective way to treat opioid dependence, to reduce the risk of HIV and hepatitis C transmission, and to reduce the risk of overdose (WHO 2014).

The workshop will discuss availability and practical challenges in participating countries.

### **Workshop #3: Continuity of care (EN)**

**Moderator: Cinzia Brentari**

Effective aftercare for drug using prisoners is essential to maintain gains made in prison-based treatment. In view of the increased risk of overdose deaths, especially the first two weeks after release, it is important to prepare prisoners with drug problems about the risk of overdose and to ensure the close follow-up of released prisoners with any drug problems (WHO 2014).

The workshop will discuss issues related to aftercare and continuity of care, looking at actors involved (institutional and civil society/NGOs) and processes.

### **Workshop #4: Harm reduction and infectious diseases in prison: challenges, good practices and barriers (PL)**

**Moderator: Marcin Wolny**

During the workshop we will focus on identifying the problems faced everyday by individuals in the context of infectious diseases and harm reduction measures in prisons. The meeting will aim to identify not only good practices, current obstacles in the work of prison staff, but also areas of potential violation of the human rights of prisoners.

The workshop will focus on Poland.

🕒 **16:30 – 17:00 Coffee break**

🕒 **17:00 – 18:15 Presentation of the work done in groups and wrap up of the day**

Chair: **Piotr Wysocki**

## **THURSDAY, 9 MARCH 2017**

🕒 **9:00 – 10:30 Workshop Session 2**

Setting the roadmap to the November seminar: presentation of training priorities, potential training methods, needs for further support etc. The participants will be working in 4 groups, discussing specific training needs related to the thematic areas of the seminar.

🕒 **10.30 – 11.00 Coffee break**

🕒 **11.00 – 12.00 Workshop Feedback & Closing session**

Chair: **Piotr Wysocki**

🕒 **12.15 Departure to a Remand Prison visit**

🕒 **12.30 – 14.30 Visit at a Remand Prison in Warsaw**

### 3. Training workshop in Popowo

#### 3.1. Report of the workshop

## Summary report

### **“Opioid Substitution Treatment and harm reduction: challenges for prisons and the criminal justice system”**

Training seminar, 13-16 November 2017,

Prison Service Training Centre, Popowo, Poland

Dr Grzegorz Król

2017/11/18

## Objectives of the training

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The overall objective of the training was to improve the knowledge of health and social sector personnel working in prisons to help them implement effective OST programs in their countries, looking at the wider harm reduction agenda and at the continuity of care for prisoners who use drugs, who are HIV+ or co-infected (HCV, HBV, TB).

The training was designed on the basis of the outcomes and conclusions of the international seminar held in Warsaw in March 2017. Mostly the same representatives and trainers participated, in order to ensure the continuity of work.

The training aimed at supporting participants in gathering and systematising their knowledge and practice around:

Approaching and implementing harm reduction programmes in prison and the criminal justice system;  
Understanding and reflecting on the implications of these approaches for addressing public health challenges, in particular prevention, treatment and continuity of care of HIV and co-infections among PWID;  
Applying these approaches (with and through feedback from the other participants) to their own daily practise and in their home countries.

One of the workshop tracks focused on adapting the general OST guidelines to Polish prison settings by means of peer involvement, under the supervision of experts coming from the prison service, the National Drug Prevention Office, the National AIDS Centre, and one expert on e-learning methodology.

The workshop took two full days and lasted from the 14<sup>th</sup> to the 15<sup>th</sup> of November, including an informal networking dinner/meeting on the 13<sup>th</sup> of November, after the arrival of all the participants. The majority of them departed on the 16<sup>th</sup> of November. Official programme of the training was supplemented with one-hour-long Film Festival on the 14<sup>th</sup> of November. Four short movies on the drug issues in prisons and harm reduction were presented: (1) Needle & syringe exchange in Luxembourg prison for men; (2) Harm Reduction intervention in Moldova prison service; (3) Methadone Man & Buprenorphine Babe, episode 1; (4) The Ballad of Two Charlies.

The meeting started with welcomes delivered by:

- Polish Prison Service – the host of the training,
- National AIDS Centre – the technical organizer of the training,
- Cinzia Brentari (Italy) – the coordinator of the training,

- Professor Heino Stöver (Germany) – HR expert & workshop #1 leader.

Following the official opening, a lecture by Linda Montanari, from EMCDDA (Lisbon) took place.

## Health and social responses to drug problems: the European guide – Linda Montanari, EMCDDA

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Linda Montanari presented an overview of the existing responses to drug problems popular in Europe and further discussed the availability of the evidence to support specific interventions, as well as ways in which the evidence can be used in practice. Ms. Montanari also discussed approaches implemented in order to further develop knowledge and capacity by means of monitoring research, and sharing of the best practices.

The presentation was mainly focused on a recently released European Guide to Health and Social Responses to Drug Problems.

After the presentation, the participants raised a question of the availability of the report in local (Polish) language, which would significantly raise the level of its usage by the community and prison service in Poland. Together with Ms. Bogusława Bukowska, the Deputy Director of the National Bureau for Drug Prevention, a provisional agreement was reached, according to which the translation of the document from English to Polish is feasible. Further steps in this regard will take place after the training.

The presentation of Linda Montanari is included as an appendix to the report.

## Workshop #1 - Harm reduction in prison and in the criminal justice system – prof. Heino Stöver

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Prof. Heino Stöver started the Workshop #1, by referring to Linda Montanari's presentation – specifically, to the slide concerning the implementation in order to raise the following question: "how do we bring a change to a very stable, well defined environment like the prison settings?"

The "DECIDE" framework described by Linda Montanari can be used as a framework of reference, while taking into account that the problem of introducing harm reduction measures in prisons is wider than the p framework resented. First, it requires the presence of motivated relevant people who aim to make a change; the necessary element not included in the framework is **courage**. Courage to take the lead, to tackle the health problems, even if one is alone, or perceived as a deviant from the current approach.

Examples of good practices were presented by experts from different countries.

Luxembourg:

- Tattooing saloon in prison settings.
- Needle & syringe exchange in prison settings. A short documentary presenting the procedure of N&S exchange was recorded shortly prior to the Popowo training, and presented to the workshop participants.<sup>1</sup>

Czech Republic:

- Condoms distribution programme in prison settings.

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<sup>1</sup> The documentary was also presented to participants of the other two workshops during the evening Film Festival on 14<sup>th</sup> November.

Further examples from Spain, Switzerland and Germany were presented.

An important, yet very fragile issue of adherence to the law was also discussed. Whether the intervention is taking place in a society, or in the prison settings, it concerns illicit drugs – and therefore any attempts of supporting people using them may be considered as borderline or questionable with respect to the law. A related issue of confidentiality, including a conflict between the oath of Hippocrates and requirements of the law was raised by the participants and discussed thoroughly.

While the “DECIDE” framework is mostly theoretical, the workshop also discussed practical implementation issues of particular components of the framework in prison settings. This also included discussion on building partnerships and support networks, which are often necessary to introduce the change.

The final topic covered in the workshop #1 were possible starting points for the innovation, and for introducing the change in the system. Some interventions recommended by international bodies like WHO may seem very exotic, and far away from reality in different countries. Some, though, are clearly possible to be implemented, like for example condom distribution, even if they do seem difficult at the first sight. It is necessary to identify the interventions that are possible to implement in a given social, cultural and political context.

The presentation used during the workshop #1 is attached to the report as an appendix.

## Workshop #2 - Substitution treatment in prison and in the criminal justice system - Andrej Kastelic

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Workshop #2, led by Andrej Kastelic, focused on OST in prison settings.

OST itself is only an intervention for opiate addiction, however, during the workshop a wider range of topics was discussed, including:

- Addiction – what is it?
- The development of the addiction

The majority of the participants of the workshop #2 were medical doctors, therefore not much attention was required to the technical topics like how the medication works or how to prescribe it, etc.

Discussion about OST covered:

- What does substitution mean?
- substitution as a treatment and as a harm reduction measure
- issues of equivalence of care
- how to enable the continuity of care (upon admission to prison, upon release)
- motivating inmates for the treatment
- encouraging inmates to start treatment, even if they refused it in the past
- awareness of risks of overdose after release, especially if the treatment was not effective, and if there was the lack of proper psycho-social support
- detoxification alone cannot be considered as a full treatment, and can be very dangerous - high risk of overdose

The second part of the workshop was focused on the overdose prevention, special emphasis was put on the naloxone.

Finally, other vulnerable populations were discussed, especially women. While nowadays opioid dependence seems to be a smaller problem in the European countries, than it used to be, it does not mean that there are proper interventions available for everybody, and the coverage is often very poor.

Other discussed topics: overcoming prejudices and stigma, emphasis on professional level of thinking.

One part of the workshop was fully fixed on NPS (new psychoactive substances): their recognition, treatment, application of HR, challenges for the future and the response to them, e.g. designing proper interventions.

The participants expressed their needs for further training as well as going deeper into the technical level due to the fact that the current workshop mostly focused on the strategic level as the consequence of time limits.

## Workshop #3 - Polish focus – adapting OST guidelines to Polish prison settings including peer involvement – dr Dorota Król, dr Jacek Afrykański

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The participants of the workshop #3 concentrated their efforts on the adaptation of the OST guidelines (previously translated from English into Polish) to the specific context of Polish Prison Service.

One of the key tasks was to improve the consistency of the translation, especially in the area of highly specialist terms related to drug dependency and harm reduction.

During the workshop, the expertise of the Polish Prison Service was enriched with the expert advice of the Deputy Director of the National Bureau for Drug Prevention, and the e-learning methodology expert. Bringing together specialists from both inside and outside of the prison service ensured the maximization of the quality, and brought a proper balance of forces.

All changes discussed during the workshop have been introduced into the document. Its most recent version, including change tracking (using color coding) has been attached to the report as an appendix. The document has been sent out to the members of the workshop for the final review prior to final proofing and printing.

### Appendices

- 1 Training programme in English
- 2 Training programme in Polish
- 3 OST manual for Polish Prison Service (in Polish) – outcome of Workshop #3
- 4 Presentations

## APPENDIX 1

### Training programme in English

The programme can be downloaded here:

<https://goo.gl/3Zwh3y>

## APPENDIX 2

### Training programme in Polish

The programme can be downloaded here:

<https://goo.gl/gWFCp3>

## APPENDIX 3

### OST manual for Polish Prison Service (in Polish) – outcome of Workshop #3

## APPENDIX 4

### Presentations

**Health and Social Responses to Drug Problems - Linda Montanari**

<https://goo.gl/ygFxEq>

**Harm reduction in prison and in the criminal justice system - Heino Stöver**

<https://goo.gl/JVsWw9>

## 3.2. Programme of the workshop

### **“Substitution treatment and harm reduction: challenges for prisons and the criminal justice system”**

**Training seminar**, 13-16 November 2017,  
Prison Service Training Centre, Popowo, Poland

#### **Objectives:**

The overall objective of the training is to improve the knowledge of health and social sector personnel working in prisons to implement effective OST programs in their countries, looking at the wider harm reduction agenda and at continuity of care for prisoners who use drugs, are HIV positive or co-infected (HCV, HBV, TB).

This training has been designed on the basis of the outcomes and conclusions of the international seminar held in Warsaw in March 2017 and with mostly the same representatives and trainers participating, in order to ensure continuity to the work.

The training aims at supporting participants in gathering and systematising their knowledge and practice around:

- Approaching and implementing harm reduction programmes in prison and the criminal justice system;
- Understanding and reflecting on the implications of these approaches for addressing public health challenges, in particular prevention, treatment and continuity of care of HIV and co-infections among PWID;
- Applying these approaches (with and through feedback from the other participants) to their own daily practise and in their home countries.

#### **Programme:**

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*Monday 13 November*

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Arrival, pick up from the airport, accommodation, and dinner at Popowo Training Centre.

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*Tuesday 14 November*

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09:00 – 9:15 Registration of participants

9:15 – 10:00 Opening

- Welcome from the National AIDS Centre
- Welcome from the Polish Prison Administration
- Introduction by Cinzia Brentari / Heino Stöver
- Linda Montanari, EMCDDA: *Health and Social Responses to Drug Problems*

10:00 – 12:30 3 Parallel training sessions:

<b>Time 10:00 – 12.:30</b>	<b>Training group &amp; trainer</b>	<b>Themes of the session</b>
10:00 – 12:30	1. Harm reduction in prison and in the criminal justice system (HR) <i>Heino Stöver</i>	Introduction round What is harm reduction? Evidence, Impact and Importance. UNODC, WHO-Comprehensive Package
	2. Substitution treatment in prison and in the criminal justice system (OST) <i>Andrej Kastelic</i>	What works in Opioid Substitution Treatment/Agonist Opioid Treatment - OST/AOT List of possible themes to be covered: Pharmacology of AOT medications Detoxification - Drug-free treatment - Maintenance Psycho-social support, Motivational interviewing Rehabilitation Continuity of treatment Treatment outcome
	3. Polish focus – adapting OST guidelines to Polish prison settings with peer involvement <i>Jacek Afrykański, Dorota Król</i>	Division into subgroups (one per chapter) Reading of the chapters & first impressions

12:30 – 13:30 Lunch

13:30 – 15:30 3 Parallel training sessions:

<b>Time 13:30 – 15:30</b>	<b>Training group &amp; trainer</b>	<b>Themes of the session</b>
13:30 – 15:30	1. Harm reduction in prison and in the criminal justice system (HR) <i>Heino Stöver</i>	Harm Reduction: Models of good practice overview
	2. Substitution treatment in prison and in the criminal justice system (OST) <i>Andrej Kastelic</i>	Drug related risks of drug use and OST: Risks for drug user, inmates, staff Drug use and blood- borne diseases and OST Overdose and use of Naloxone Harm reduction and OST
	3 Polish focus – adapting OST guidelines to Polish prison settings with peer involvement <i>Jacek Afrykański, Dorota Król</i>	Review of content elements which are hard to understand or not appropriate for local settings. Work in subgroups on finalizing the contents.

15:30 – 16:00 Coffee break

16:00 – 17:30 3 Parallel training sessions:

<b>Time</b> <b>16:00 –</b> <b>17:30</b>	<b>Training group and trainer</b>	<b>Themes of the session</b>
16:00 – 17:30	1. Harm reduction in prison and in the criminal justice system (HR) <i>Heino Stöver</i>	Harm Reduction: theory and examples from practical implementation  Designing and implementing condom provision – the Czech example – what can we learn?
	2. Substitution treatment in prison and in the criminal justice system (OST) <i>Andrej Kastelic</i>	Drug related risks of drug use and OST:  Mental health (comorbidities/multiple diagnoses) Suicide prevention Other health risks Drug-drug interactions
	3. Polish focus – adapting OST guidelines to Polish prison settings with peer involvement <i>Jacek Afrykański, Dorota Król</i>	Work in subgroups on finalizing the contents.

Networking dinner at Popowo Prison Service Training Centre

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*Wednesday, 15 November 2017*

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9:30 – 11:00 3 Parallel training sessions

<b>Time</b> <b>9:30 –</b> <b>11:00</b>	<b>Training group and trainer</b>	<b>Themes of the session</b>
9:30 – 11:00	1. Harm reduction in prison and in the criminal justice system (HR) <i>Heino Stöver</i>	Harm Reduction: theory and examples from practical implementation  Designing and implementing needle exchange program in prisons. –Spanish, German, and Luxembourg examples – what can we learn?
	2. Substitution treatment in prison and in the criminal justice system (OST) <i>Andrej Kastelic</i>	New psychoactive substances and challenges
	3. Polish focus – adapting OST guidelines to Polish prison settings with peer involvement <i>Jacek Afrykański, Dorota Król</i>	Work in subgroups on finalizing the contents.

11.00 – 11.30 Coffee break

11.30 – 12.30 3 Parallel training sessions

<b>Time 11.30 – 12.30</b>	<b>Training group and trainer</b>	<b>Themes of the session</b>
11.30 – 12.30	1. Harm reduction in prison and in the criminal justice system (HR) <i>Heino Stover</i>	What are the barriers of the implementation of harm reduction measures? How to overcome them?
	2. Substitution treatment in prison and in the criminal justice system (OST) <i>Andrej Kastelic</i>	Guidelines, recommendations and clinical pathways for treatment of people who use drugs
	3. Polish focus – adapting OST guidelines to Polish prison settings with peer involvement <i>Jacek Afrykański, Dorota Król</i>	Merging revised chapters & summary of the group work ( <i>Jacek Afrykański</i> )

12:30 – 13:30 Lunch

13:30 – 15:30 3 Parallel training sessions

<b>Time 13:30 – 14:30</b>	<b>Training group and trainer</b>	<b>Themes of the session</b>
13:30 – 14:30	1. Harm reduction in prison and in the criminal justice system (HR) <i>Heino Stöver</i>	What are the partners, supporter, stakeholder, NGOs of the implementation of harm reduction measures in prisons? Collaboration and Networks Monitoring and evaluation
	2. Substitution treatment in prison and in the criminal justice system (OST) <i>Andrej Kastelic</i>	Vulnerable groups: <ul style="list-style-type: none"> <li>• Women, pregnant women</li> <li>• Adolescents</li> <li>• Eldery people</li> <li>• Patients rights</li> <li>• Confidentiality</li> <li>• Informed consent</li> <li>• Voluntary/coercive treatment</li> </ul>
	3. Polish focus – adapting OST guidelines to Polish prison settings with peer involvement <i>Jacek Afrykański, Dorota Król</i>	Selecting further texts & tools for translation and adaptation.

14:30 – 15:00 Coffee break

15:00 – 16:30 – Closing session with restitution of the main outcomes of the work in 3 groups