

# Women, ethnic minorities, drug-help services:

What makes a difference?

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# Background & Objectives

- Builds on the multiple results of the former EUproject BORDERNETwork (2010-2012)
- Connects civil society organisations from Germany and five Central and Eastern European (CEE) countries: Bulgaria, Estonia, Latvia, Romania and Slovak Republic
- Aims to advance the practical implementation of gender-sensitive research and response through:
  - Enhancement of the gender and equity focus in the overlaps between drug prevention, treatment and care for female drug users
  - Participatory primary drug prevention for vulnerable young people from ethnic minority communities (Roma and Russian speaking)

# Target groups

- Women using drugs eg, pregnant women, mothers, sex workers, HIVpositive women, adolescents and young people from ethnic minority communities, their family and social networks
- Multipliers: Drug-help and further health/social service providers, prevention actors, social/health workers, physicians, nurses, psychologists, community-based health educators, child protection officers

# Methods

- Desk/literature reviews on country situations
- Qualitative needs assessment research (Rapid Assessment and Response, RAR)
- Networking and intervision (intercollegial learning)
- Method competence trainings, capacity buildings and study visits
- Pilot diagnostic services, case management offers
- Community-based participatory prevention actions

### Interventions

#### Women using drugs 40 semi-structured interviews (31 analysed

to date)

- 6 focus groups with 55 participants
- 23 expert interviews
- 16 participant observations

## Sex workers (SW) using drugs

- 47 semi-structured interviews (38 analysed to date)
- 31 expert interviews
- 21 participant

observations

# Selected findings

### Great similarities and overlaps in the vulnerability of both women and sex workers using drugs observed:

- Median age: 29 years/women and 27 years/SWs
- Most of the women are mothers: N=20/women, **N=24/SWs**
- Median of sex work experience: 5 years (3 months - 20 years)/SWs
- Long-term drug use experience, median: 9 years (2-22 years)/women and years/SWs
- Most of the respondents are currently active drug users: opioids being consumed most often (IDU)
- Indicative is poly-drug use pattern of opioids combined with stimulants
- Significant experience with drug substitution treatment (OST): N=23/women, N=25/SWs
- High drug problem awareness and help seeking attempts, but high treatment drop-outs as well
- IDU patterns linked to higher rates of HIV/HCV

### 5 Roma neighborhoods and a Russian speaking community reached

- 12 young Roma drug/ex-users interviewed
- High school drop-out rate, unemployment
- Very early start with smoking (7-8 years)
- Marihuana use is very common and starts early (10-12)
- Low level of knowledge about drugs
- Competence in Peer Drama and life-skills training built

## Lessons and outlook

- Drug using women and sex workers are particularly vulnerable groups regarding socio-economic, health conditions and stigmatisation, rendered to further risks and marginsaliation;
- Adequate gender-responsive focus to their situation and needs lacks at both policy and service response (including sexual health and child care) levels in all five **CEE** countries;
- Specialised drug prevention programmes for young people from ethnic minority communities consider insufficiently needs, resources and participatory involvement;
- The gaps and weaknesses identified along with the lessons learned are systematically addressed in the projects implementation phase.

**Ethnic minorities** 

- 9 individual interviews
- 17 focus groups with youngsters, parents, experts
- 2 international capacity building workshops in participatory primary prevention





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